



## 2014 Brown County Behavioral Risk Factor Survey (BRFS): Key Findings

The information in this report has been taken from the 2014 Behavioral Risk Factor Survey (BRFS) for Brown County and the data below specifically correlates with the goals and mission of Live 54218 and obesity prevention.



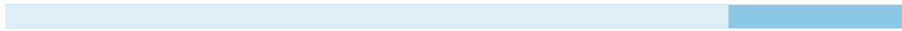
76%

of adults do not eat five fruits and vegetables each day



81%

of adults do not consume 8 or more glasses of water each day



48%

of adults watch more than 2 hours of screen time each day



24%

of adults did not participate in any physical activity in the last month



63%

of adults get fewer than 8 hours of sleep each night



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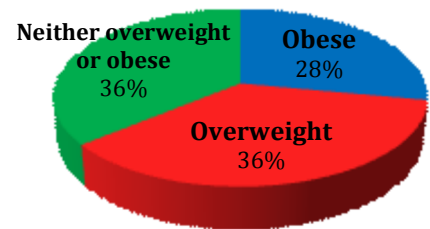
- ◆ **58%** of adults would consider their **Overall Health Status** *Very Good* or *Excellent*.



- ◆ **20%** of adults have worried about **Access to Nutritious Meals** in the past 12 months.



According to BMI measures, **36%** of adults are considered **Overweight** and **28%** of adults are considered **Obese**.



*Making the Greater Green Bay Area the Healthiest Community in the Nation!*